

## Make Life Easier with Summer Potty Training!

If you are thinking of potty training then Summer is the ideal time - less clothes are worn and time spent outside make the little accidents easier to deal with. We have provided our Top 10 Tips to help make your potty training a success for both you and your child.

### 1 Is your child ready?

Signs of readiness consist of your child staying dry for at least a couple of hours, they show an interest in bathroom activities, they take themselves to a quiet place or tell you when they are doing something.

### 2 Plan for it

Potty training is a process that will require a lot of effort, not only from yourself but from friends, family members and care givers involved with your child. Make a date from which you will all start - it is from this date you say good bye to diapers during the day.

### 3 Teamwork

Consistency and routine from all involved will help your child reach their goal. You may like to forewarn visitors of your efforts so they can be positive and encourage as you do. Forwarding these notes to those people who look after your child in your absence will help them to achieve the same goal.

### 4 Actively involve your child with their potty

You may like to take your child on a shopping trip to choose their potty - which colour would they like? is there a character one they particularly like? Tell them it will be their own special potty, they may even like to choose a name for it. Decorating the potty with stickers will help them take ownership of it. You may like to demonstrate their special toy using the potty.

### 5 Prepare your child

Encourage your child to sit on their potty before they properly start using it, practice putting on training pants and washing their hands to complete the task. Praise them for the efforts so they know when they are doing things right.

### 6 Interactive supplies

Look for games, videos, books and activities that will help your child understand the importance of using their potty.

### 7 Don't rush your child when they use the potty

Let them look at a book, or listen to short story for a few quiet moments when sitting on the potty. Blowing bubbles is another great way to encourage them to sit still. Tell them it is a good try and well done for sitting nicely even if they don't achieve anything.

### 8 Be patient, positive and consistent

Be patient, potty training does not happen over night. Positive interaction will help your child achieve their new skill, and feel good about their progress. Accidents will happen but continue to keep up the routine, when you choose not to use diapers - stick with it! Going back and forth between diapers and training pants gives your child a confused message.

### 9 On the go

Long journeys will take slightly more preparation than usual. You will need to make more regular stops so make sure you leave enough travelling time. Pack all familiar supplies including books and toys when using the potty on route.

### 10 Use a reward chart

A reward chart provides a visual tool from which children can monitor progress. Hung in a central place, children have the added advantage of showing friends and family how well they are doing. A reward chart acts as a reminder to both adult and child what they want to accomplish. **Our Ultimate Potty Training Reward Chart is available through our website [www.victoriachartcompany.com](http://www.victoriachartcompany.com).**

We wish you every success!

**My Big Star Chart is available for \$18.99 from [www.VictoriaChartCompany.com](http://www.VictoriaChartCompany.com)  
Join our Facebook page [www.fb.com/VictoriaChartCompany](http://www.fb.com/VictoriaChartCompany) to get a 15% off coupon**

