



A Useful Activity Sheet to Complete with your Children

♥ Emergency!

In the box below, put a ring around the 3 numbers you need to dial on a telephone for the emergency services:

4	9	6	1	3
5	7	8	2	0
8	6	9	5	1
0	9	2	7	3
6	4	8	5	1

Tick the box of the people you can reach when dialing the emergency services:

- Police Father Christmas
 Ambulance Fire service

♥ Read through and practice these together ...

When out and about if you get lost, go into a shop or a place with lots of people and ask for help.

Good people you can ask help from are:

- a police officer
- a shop assistant
- a security guard
- a grown-up with children

♥ Can you remember the 4 NEVERS?

With a grown-up practice learning the 4 nevers, bet you'll be able to remember them in no time!

1. **NEVER** ... go with a stranger
2. **NEVER** ... take things from a stranger
3. **NEVER** ... get in a car with a stranger
4. **NEVER** ... go off on your own

Remember, it's fine to say 'No' and to walk away from strangers!

♥ Do you know your home address and important telephone numbers?

Practice writing them here:

Address:

Important telephone numbers: